



### **Will Miller**

Our modern American culture is fast-paced and ever-changing, causing ongoing stress in many areas of our lives. It is a well-established fact that change, any change, causes stress. In the workplace, this byproduct of our quest for success is played out in many ways: absenteeism, high turnover, decreased productivity and overall job dissatisfaction, to name a few. Ultimately, these factors negatively impact the bottom line.

Dr. Will Miller delivers a unique message of how our connections to others provide a potent source of strength in achieving life balance. His book, *Refrigerator Rights*, is based on 14 years of social science research in the area of culture and interpersonal relationships. His aim

is to show the connection between our loss of intimacy with people in our lives and the stress and disconnection that we feel in everyday life.

Dr. Miller presents his inspirational message with the expertise that includes years of study and experience as well as humor. His authority of four graduate degrees and years of experience as a therapist and teacher assure his credibility as a speaker. His 15 year background in stand-up comedy, headlining at comedy clubs and working as an opening act for many celebrities, assures his gifted ability to entertain.

Dr. Will Miller is a popular speaker in the corporate world, most recently speaking to Microsoft, IBM, Citi Group, Prudential and Merrill Lynch. He currently teaches a class in Communications at Purdue University in West Lafayette, Indiana.

If you are looking for someone who will energetically and humorously guide your organization from change through stress to a solution, Dr. Will Miller is the speaker who will give your audience something to truly take away.

### **Speech Topics**

#### **Refrigerator Rights**

It is widely acknowledged that people feel stressed by the pace of their lives. Trying to balance commitment to career with responsibilities at home depletes many of us. Yet achieving success and finding meaning and happiness in our work and personal lives require that we find this balance. How can one grow and prosper at work while enjoying a satisfying, replenishing home life? In the midst of all the narrow, boilerplate technical presentations, Dr. Will Miller offers an important change of pace and breather at your event. His presentation- performance provides perspective and a practical guide to alleviating stress and finding this coveted balance.

Refrigerator Rights is an inspiring and instructive message about establishing equilibrium in your life. What makes this teaching truly unique is that he combines his speech with stand-up comedy. Using both a podium and a separate standup microphone, Dr. Miller offers healthful insights into the stresses that affect achievers. After making each point at the podium, he steps to the side and delivers hilarious comedy routines embellishing what he has just articulated.



The result is that the audience gets both a message and a show.

### **The Winds of Change: A Presentation for Companies, Organizations and Individuals Affected by These Rapidly Changing Times**

You don't have to read the newspapers to know that America has been on an amazing journey. We all know through our own experiences that these unpredictable gyrations have caused stress and uncertainty in many of our lives. These problems exist not only for those whose lives are directly affected by this change, but by everyone around them as well, including co-workers, management and family. Thriving during stormy periods demands that we carefully manage the social climates of our organizational and personal environments. Managing our relationships is the most important variable in negotiating change. Now, more than ever, we need the stability and security that come from relationships that were too often sacrificed on our journey up and down the ladder of success.

THE WINDS OF CHANGE is specifically designed to help ALL involved thrive in an environment of uncertainty. It is presented by Dr. Will Miller, a psychotherapist and family counselor with years of experience in the corporate culture, and a former spokesperson for the National Institute of Mental Health. One of the things that sets this presentation apart from all others is that Dr. Miller is also an accomplished comedian. His important message is presented with gentle humor, enhancing the audience's ability and willingness to absorb important information. It offers immediately useful and constructive insights into:

- Helping people deal with the changes surrounding them
- Motivating them to pull together as a team
- Handling the personal issues associated with change
- Dr. Will Miller's THE WINDS OF CHANGE is the perfect prescription for meeting the challenges of this changing economy.

### **Thriving While Striving Workshop**

In a high stress world, how can you balance career achievement with personal satisfaction? In a "bottom line" world, how can you attain and sustain peak performance?

Dr. Will Miller, therapist, educator, and one of the country's leading motivational speakers, is available for half or full day workshops to help your staff improve their attitude and self-image. At the same time, they will learn how to communicate, interact, and work together with the greatest efficiency and productivity. Using the Keirsey-Bates Temperament Sorter, he guides your team through an enlightening session guaranteed to strengthen each person's performance and improve interpersonal relationships. Understanding personal temperament is a key factor in facilitating individual strengths. This multi-media presentation is interactive, enlightening, effective and fun for both small and large groups.