



### **W Mitchell**

As a young man, W Mitchell served as a US Marine and San Francisco cable-car gripman. His life suddenly changed due to two devastating accidents just four years apart: a blazing motorcycle accident and a paralyzing plane crash. Whether coping with devastating burns over 65% of his body or being sentenced to life in a wheelchair, Mitchell firmly held on to his feisty nature and quick wit. He was determined to maintain control, cope with the changes, and prosper.

Following his accidents, he became an internationally acclaimed mayor "who saved a mountain", a successful business man who put 1000's of people to work, a congressional nominee from Colorado, and a highly respected environmentalist. He even continued his love of piloting airplanes and white water rafting. His accomplishments have received recognition on Good Morning America, the Today Show, NBC Nightly News, Time Magazine, USA Today, and many others. He has been a radio and television host, successful author, and the subject of a television special, Super Humans. His life clearly illustrates his philosophy that "most limitations are self-imposed".

Today, as an international keynote speaker, Mitchell captivates and stuns audiences with his story and then calmly empowers them to accept challenges, embrace change and take action – not only at work but in everyday life. His tenacity and credibility are indisputable as he so obviously lives his message.

Mitchell is the 2008 to 2009 president of the International Federation of Professional Speakers. Currently, he has offices in Colorado and Australia and lives in California and Hawaii. He truly is unstoppable.

### **Speech Topics**

- Personal Struggle and Victory
- It's Not What Happens To You - It's What You Do About It
- Dealing with Adversity and Putting Yourself Back In

